

Ashven Sawmynaden Joshep

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Summary

- Driven sports management professional with a solid background in golf operations and fitness training. Successfully enhanced member satisfaction at Mauritius Gymkhana Club, implementing strategic initiatives that boosted participation rates by 30%. Proficient in data analysis and performance evaluation, utilizing insights to elevate service standards and team performance. Committed to fostering a thriving sports community and enhancing player engagement through innovative programs and leadership.

Skills

Team Leadership

Performance Analysis

Fitness Training

Golf Coaching

Personal Training

Group Fitness Instruction

Nutrition & Health Awareness

Experience

Golf Sports Officer Mauritius Gymkhana Club Mauritius	Aug 2025 – Jan 2026
Fitness Supervisor (Shadowing Sports & Recreational Manager) Heritage Le Telfair Golf & Wellness Resort Bel Ombre	Nov 2022 – Oct 2023
Gym Supervisor Royal Palm Beachcomber Luxury Mauritius	Feb 2020 – Mar 2020
Fitness Pro Constance Prince Maurice Mauritius	Oct 2019 – Jan 2020
Fitness Specialist St. Regis Mauritius	Feb 2016 – Aug 2019
Personal Trainer Mobile Personal Trainer Perth, Australia	Oct 2013 – Jul 2015
Kitchen & Salad Chef Pancho’s Restaurant Perth, Australia	Jul 2013 – Jul 2015

Gym Operations
& Safety



Personal Trainer Intern
Aqualife & Leisure Life
Western Australia

Oct 2013 - Apr 2014

Languages

French ● ● ● ● ●
Native

English ● ● ● ● ●
Native

Gym Instructor
Mauritius Gymkhana Club
Mauritius

Mar 2010 - Jul 2013

Gym Instructor
Harder Barbell Gym
Mauritius

Mar 2008 - May 2010

Education

Diploma in Sports & Recreation Management
Australian College of Sport & Fitness
2015 - 2015

Certificate IV in Fitness
TAFE Australia
2014 - 2014

Certificate III in Fitness
TAFE Australia
2013 - 2013

First Aid Certificate
Royal Life Saving WA
2013 - 2013

School Certificate
Ocep College
2005 - 2005

Higher School Certificate
Ocep College
2007 - 2007

Certifications

Diploma in Sports & Recreation Management, Certificate IV in Fitness, Certificate III in Fitness, First Aid Certificate, School Certificate, Higher School Certificate